



Lunch Starters

Soup de jour	£3.65
served with warm baguette	
🍄 Sautéed Garlic Mushrooms	£4.35
served with warm baguette	
Avocado, Prawn and Smoked Salmon	£6.95
(as a main course)	£8.95
Classic avocado and prawns on salad leaves with a creamy cocktail sauce and ribbons of smoked salmon	
Deep Fried Brie with Cranberry sauce	£5.90
Three wedges of Brie served with a cranberry sauce	
Patè de Jour with Salad Garnish and Toast	£4.50
Goat Cheese Crostini	£4.50
Deep fried Calamari with garlic dip	£6.50

Main Courses

3Greens Burger	£7.75
A 6oz steak burger served on a Kaiser roll with a mixed leaf salad garnish and French fries	
Burger with cheese	£8.25
Burger with cheese and bacon	£8.75
Burger with cheese and mushroom	£8.50
🍄 Veggie Burger	£8.50
Two vegetarian burgers topped with sautéed mushrooms and melted cheese on a burger bun and with a mixed leaf salad garnish and French fries	
Pan fried Chicken Breast	£9.50
with either Marsala or tomato and Mozzarella sauce and with either crispy herbed potatoes or fries	
🍄 Pasta with home made Alfredo (cheese) sauce, Pomodoro (tomato) sauce or pesto	£7.50
Pasta with Smoked Salmon cream sauce	£8.95
Pasta with Chicken and Bacon	£8.95
All Day Traditional Breakfast (large)	£7.20
2 Fried eggs, 2 prime back bacon, 2 butchers best Cumberland sausages, mushrooms, chopped plum tomatoes, 2 hash browns, 2 toasts – 🍄 Vegetarian option available	
Child's Dish of the Day	£5.00

Salads: Main course

Warm Goat Cheese salad	£8.95
Grilled goat cheese on a bed of mixed leaves with walnuts and a Balsamic dressing	
Chicken Caesar salad	£8.95
Strips of chicken in Caesar dressing on a bed of lettuce with croutons, bacon and Italian cheese	
3Greens Chef's salad	£8.95
Julienne of ham, chicken and cheese served on a dressed mixed leaf salad garnished with tomatoes, cornichons, olives and an egg	
Niçoise salad	£8.95
Tuna, egg, green beans, tomato, olives, potatoes and onion	
Seafood salad	£8.95
Mixed leaves, tomatoes, cucumber, and onions with prawn, tuna and smoked salmon	
Ham, Cheese or Egg salad	£8.95
On a mixed leaf salad with cucumber, tomatoes and onion	

Side Dishes

Fries, crispy herbed or new potatoes	£2.00
Seasonal vegetables	£2.00
House mixed salad	£3.50
Tomato and onion salad	£3.00
½ Baguette and butter	£1.25

Puddings

See blackboard: all at	£3.95
Ice cream	£2.95
Fresh fruit sorbet	£3.50

Please be patient: all dishes are prepared to order

All prices include VAT at the prevailing rate

Service not included